It's Your Move!

Hip Hoppers Progress Chart

Hip Hopper's Name	Physical Fitness Testing	Activities by Yourself	Activities with Friends	Activities with Family	Activities at School	Activities in Community	Knowing about Fitness	Way to Go!

Teacher _____ Class/Period _____

It's Your Move!

Movers and Shakers Progress Chart

Movers and Shaker's Name	Physical Fitness Testing	Activities by Yourself	Activities with Friends	Activities with Family	Activities at School	Activities in Community	Knowing about Fitness	Way to Go!

Teacher _____ Class/Period _____

It's Your Move!

Slam Jammers Progress Chart

Slam Jammer's Name	Physical Fitness Testing	Activities by Yourself	Activities with Friends	Activities with Family	Activities at School	Activities in Community	Knowing about Fitness	Way to Go!

Teacher _____ Class/Period _____